

Advanced Diabetes Management Skills Seminar

SATURDAY, APRIL 16, 2011 8:00 AM—4:00 PM

Three Unique Tracks designed with your needs in mind:

- Family Seminar
- Sibling Session
- Grandparent Retreat

Seminar Schedule

8:00 am	Registration & Continental Breakfast @ Dining Hall
8:45 am	Welcome & Introductions @ Rec Hall
9:00 am	Family Educational Sessions Grandparent Educational Sessions Children Activities
10:30 am	Break (Refreshments & Networking)
10:45 am	Resume sessions
12:00 pm	Lunch @ Dining Hall (all together)
1:00 pm	Family Educational Sessions Grandparent Educational Sessions Children Activities
2:30 pm	Break (Refreshments & Networking)
2:45 pm	Resume Sessions Children to the Pool (weather permitting)
3:15 pm	Family Open Q&A Forum (All Presenters)
4:00 pm	Adjourn

Seminar Overview

FAMILY SEMINAR

Topics to be covered include:

- Proper “basal-bolus” insulin regimens
- Tips to enhance carb counting skills
- Plain English secrets for successful insulin pump therapy
- Advice on how to maintain sanity while living with a child/teenager with diabetes

SIBLING SESSION

A special one hour session will be held exclusively for siblings of children with diabetes to address their unique concerns and needs. Note: minimum of 10 siblings is required to hold this session.

GRANDPARENT RETREAT

Designed to teach grandparents (or extended family/friends) hands-on diabetes care skills from expert diabetes educators.

Topics include:

- Proper insulin injection technique
- Proper sick day management
- Basic elements of diabetes meal planning
- How's & Why's of insulin pump therapy
- Proper approaches to high & low blood sugar

CHILDREN'S ACTIVITIES

Camp activities will be provided for children and siblings, ages 7 to 15. Remember to bring swimwear and a towel!

Course Faculty & Facilitators

Stephen W. Ponder MD, FAAP, CDE

Dr. Ponder is a board certified pediatric endocrinologist with 45 years of personal, and 30 years of professional experience managing type 1 diabetes, and is an international speaker in the field. He serves as the medical director of the Texas Lions Camp for Children with Diabetes.

Barbara J. Anderson, Ph.D

Barbara is a behavioral scientist and licensed clinical psychologist with 25 years of experience in diabetes research. Dr. Anderson is currently Professor of Pediatrics, Baylor College of Medicine, and Senior Psychologist, Diabetes Care Center at Texas Children's Hospital.

Meaghan Anderson RD, MN, CDE

Meaghan is a Diabetes Clinical Manager for Medtronic. She has several years of experience in pediatric diabetes, weight management and dialysis.

Nelda Caceres RN, CDE

Nelda is a certified diabetes educator with the Texas A&M University Coastal Bend Health Education Center in Corpus Christi, Texas. She has conducted several grandparent workshops.

Barb Schreiner, PhD, RN, CDE

Barb is a nurse and a certified diabetes educator with more than 35 years experience. She is currently core faculty with Capella University and a lead instructor with the American Association of Diabetes Educators.

Kevin McMahon, CEO healthimo

Kevin is a diabetes technology expert and inventor as well as CEO of healthimo with over 20 years of relevant experience.

For more information or to register,
log onto www.lionscamp.com

REGISTER NOW!

\$75 entire family
(includes grandparents, too!)
\$25 individual

Easy Online Registration
www.lionscamp.com

Diabetes Care has never seemed more complex.

Time with a diabetes expert seems to get shorter with each visit as well. Parents of children with type 1 diabetes and adults with this condition struggle to stay up-to-date with the education and training needed to achieve the best possible diabetes control for their children or themselves.

Texas Lions Camp, in coordination with Texas Tech Health Sciences Center – Permian Basin, is conducting an exclusive advanced diabetes education seminar for the entire family, including siblings and grandparents.

While your children with diabetes and their non-diabetic siblings enjoy the professionally supervised activities of Texas Lions Camp's state-of-the-art facility, internationally recognized diabetes experts will provide a day-long seminar on how to apply advanced diabetes care skills. The goal of the seminar is to increase levels of advanced diabetes care knowledge and skills.

Please note that all attendees must bring their own diabetes supplies and equipment. The camp will only have supplies for diabetes related emergencies and minor injuries.

Complete Seminar information and registration is available at:

www.lionscamp.com

Follow us on 



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PO Box 290247
Kerrville, Texas 78029

Advanced Diabetes Management Skills Seminar At Texas Lions Camp



April 16, 2011

Presented by:
**Texas Lions Camp
& Texas Tech
Health Sciences
Center -
Permian Basin**